



**River North Pain Management Consultants
Axel Vargas, M.D.,**

Regional Anesthesiology and Interventional Pain Management.



Offices:

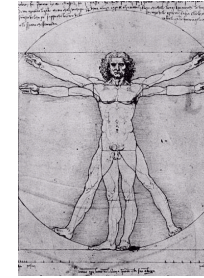
- 680 North Lake Shore Drive, Suite # 830**
- 845 North Michigan Avenue, Suite # 930 East**
- 7200 Northwestern Avenue***
- 2104 West Oakton***
- 5025 North Paulina***
- Chicago, Illinois 60611**

Phone: (888) 951-6471 Fax: (888) 961-6471

Clinical Coordinator: (312) 961-6471

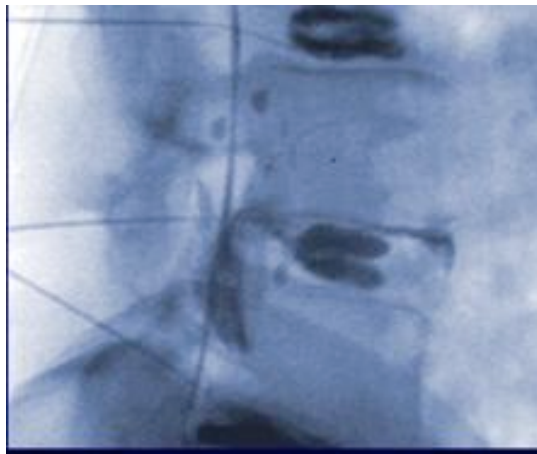
www.rivernorthpmc.com

**we see patients at these location, on occasion.*



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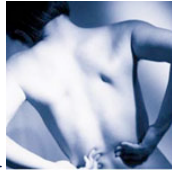
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Introduction

Uncontrolled pain either acute or chronic carries significant physical, psychological and emotional toll. It can negatively impact personal and working relationships, daily activities as well as participation in community life. It is a frequent cause of social isolation, depression, low self esteem and interpersonal conflict.



Highly Qualified Staff

Our physicians and support personnel are here to help you improve your health, eliminate or decrease your pain and recover your full normal function as quickly as possible. Our doctors have extensive experience in the field of Interventional Pain Management and are always up-to-date on the latest diagnostic and treatment modalities.



Your care will be provided by a Board-Certified Physician Anesthesiologist who has additional training in the fields of Interventional Pain Management and Neuromodulation.

Dr. Axel Vargas is an attending Anesthesiologist with extensive experience in the area of Interventional Pain Management, Regional Anesthesia and Neuromodulation

His area of expertise includes diagnosis and treatment of various forms of acute and chronic pain conditions, both with non invasive as well as Interventional Pain Management techniques.



Dr Axel Vargas is extensively trained in General Surgery having completed residency in Surgery prior to enter into the field of Anesthesiology and Pain Management. He is exceptionally highly skilled in the administration of the most complex Interventional Spine procedures, as well as various blocks and performs all procedures commonly used in the diagnosis and treatment of various kinds of acute and chronic pain.

A rigorous program of continuing education at River North Pain Management Consultants is focused on maintaining and enhancing the knowledge and skills of the entire staff. Everyone involved in your care at River North Pain Management Consultants is well prepared to promptly assist you with your needs.

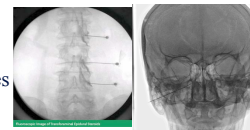
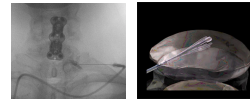
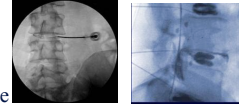
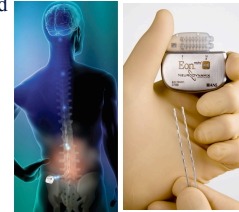
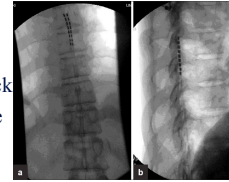
Types of Pain

Common Pain diagnoses for which patients are referred to us include among others:

| | |
|----------------------------------|--------------|
| Neck and low back pain syndromes | Sciatica |
| Different types of Neuralgias | Cancer pain |
| Myofascial pain syndrome | Causalgia |
| Sympathetic mediated pain | Migraine |
| Post surgical pain | Coccigodynia |
| Facet joint syndrome | Torticollis |
| Phantom limb pain | Sacroilitis |
| Post Hermetic Neuralgia | Shingles |

Diagnostic and Therapeutic Procedures:

- ❖ Analgesic Drug Management
- ❖ Physical and Occupational Therapy
- ❖ Selective diagnostic Nerve Root Block
- ❖ Selective diagnostic Peripheral Nerve Blocks
- ❖ Cervical, Thoracic, Lumbar, and Caudal Interlaminar Epidural Steroid injections
- ❖ Transforaminal Epidural Steroid injections
- ❖ Stellate and Lumbar Sympathetic Nerve Blocks
- ❖ Celiac Plexus Nerve Blocks
- ❖ Facet Joint injections and Medial Branch Nerve Blocks
- ❖ Radiofrequency and Coablation Nerve lesioning
- ❖ Cervical, Thoracic and Lumbar spine Functional Discography
- ❖ Neurolysis and Rhizotomies
- ❖ Dorsal Column Spinal Stimulators
- ❖ SI Joint Injections
- ❖ Intercostal Blocks
- ❖ Intra-articular Injections
- ❖ Percutaneous Intradiscal procedures
- ❖ Vertebroplasty and Kyphoplasty
- ❖ Neuroplasty



Pain Management and Facilities

Our philosophy is to help our patients become pain free and begin to function normally as soon as possible.

River North Pain Management Consultants has several locations throughout the Chicagoland area; we see our patients at either our 680 North Lake Shore Drive or our North Michigan Avenue offices, both conveniently located in Streetworkville area in downtown Chicago; we perform most of our interventions at either the Gold Coast Surgericenter or the Rivernorth Same day Surgery, both state-of-the-art facilities where the most advanced medical technology and equipment is utilized to diagnose and treat all our patients. Both of these Surgery Centers are well known premier Surgical facilities throughout the greater Chicagoland area.



In most cases the diagnostic and treatment process takes place in our Center and therefore hospital visits are not needed. In cases where more invasive treatments or more complicated nerve blocks, etc. are required for the management of your Pain condition, you will be seen in a modern operating room equipped with the best and most advanced medical technology available.

If required, sedation may be used during invasive procedures to help you alleviate any discomfort or anxiety. In such scenario you will need to abstain from eating and drinking at least 6-8 hours before the procedure, and will need to have an escort when leaving our facility. Narcotic medications are rarely used and are never a remedy of first choice.

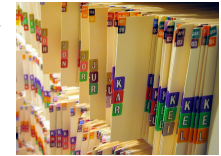
Team Approach

We understand that in order to serve you well we must work in close collaboration with your Primary Care Physician, Spine Surgeon as well as with other specialists whose expertise may be required. Since pain is often caused by a combination of factors, team approach is required for its successful management. A Multidisciplinary approach to your care is the best way to resolve your problem in the most effective and timely manner.



All patients are scheduled and seen IMMEDIATELY upon referral from his or her referring care provider for an initial consultation.

Our patient coordinator will attempt to obtain all medical records from the referring doctor's office and make them available at the time of the first appointment. This includes history, physical examination, surgical operative reports, second and even third opinions, test results, diagnostic radiology reports like MRI's etc., and any other pertinent evaluation results which may be helpful.



Occasionally additional tests may be required before a treatment plan can be formulated.

Your treatment will be initiated on your first appointment. Once the treatment is successfully completed, our doctors will follow your progress to recovery and will readily communicate with your referring doctor.

In addition to English our office staff speaks Polish, Spanish, Russian, German, and Italian languages.

Main Offices:

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